

Autoinflammatorische Krankheiten, wann daran denken und wie abklären?

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When should we think about Periodic Fever Syndromes?

1. Recurrent flu-like symptoms in adults / Fever with recurrent symptoms in children

Without any obvious infection

Symptom free intervals

2. Recurrent organ manifestations during the flare

Conjunctivitis

Skin rash (urticarial, erythematous, ...)

Arthralgias, arthritis

Abdominal pain, diarrhea

Chest pain

Aphthous stomatitis

3. Suggestive family history of recurrent fever / similar symptoms

Consensus of the Swiss Network of Auto-inflammatory Diseases

C Chizzolini, M Hofer, D Kaiser, J Pachlopnik, I von Muehlenen, A Woerner, P Zufferey

Supported by Novartis

Take home messages

Challenges of autoinflammatory diseases

- ✓ Non-specific symptoms: difficult to detect
- ✓ Heterogeneous phenotypes: difficult to diagnose
- ✓ Common pathway, IL-1: efficacious treatment
- ✓ **Include your patients in the JIRcohort**